



1:1 Professional Development Coaching with

Lisa Blatchford

Open to All!

*Do you need to build clarity around
goal setting?*

*Are you experiencing difficulties
with time or task management?*

*Is the academic year 2022/23 your
year of professional growth?*

*Is change part of our immediate
future?*

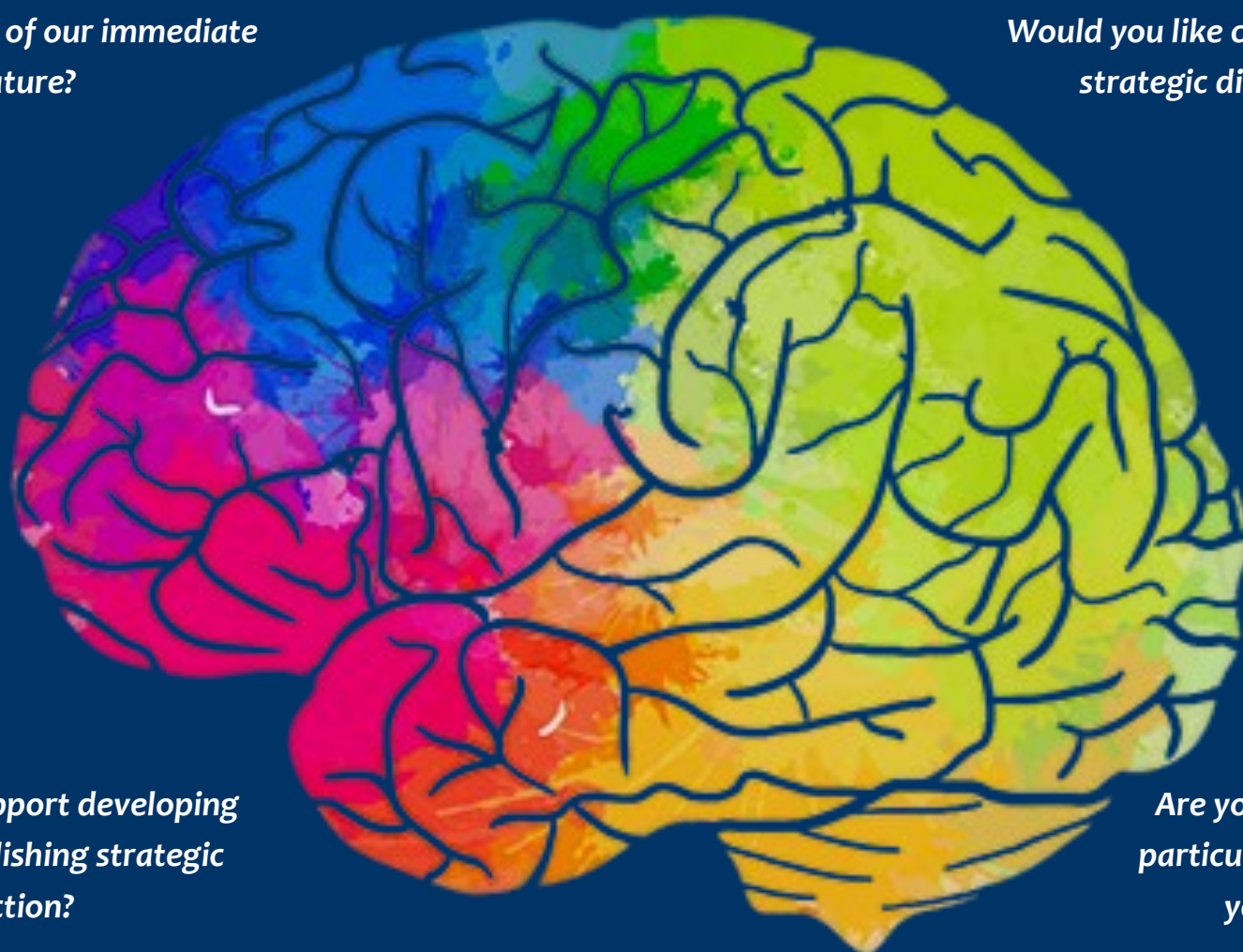
*Would you like clarity in your
strategic direction?*

*Are you
new in
your role?*

*Are you looking
to improve your
leadership
skills?*

*Do you need support developing
vision or establishing strategic
direction?*

*Are you working on a
particular project in the
year ahead?*



If the answer is 'yes' to any of these questions, then coaching is the platform for you!

1 hour slots are available by clicking this link

<https://calendly.com/lbhrd/coaching-with-lisa?month=2022-07>

Coaching is a creative, co-active partnership which is future focused and designed to orientate action towards fulfilling potential and achieving goals. The benefits of coaching are:

- *Improved self-awareness and gaining new perspectives*
- *Positively impacts your work performance*
- *Increased levels of motivation and commitment*
- *A reduction in your stress levels*
- *Changing behaviours and habits that might interfere with your success*
- *Increasing your professional efficacy*

